

Sports



2017

More than 400 students participated in inter-school competitions organized by the Hong Kong School Sports Federation (HKSSF). Special mention should also go to our outstanding athletes who won awards or represented the territory in various sports: Chan Cheuk Hei, Siu Chung Sun, Chong Ho Ching, Chan Tze Wai, Leung Chun Wai, Alex Chen and Leung Hei Tung. Congratulations should also go to our girls' Athletics Team who won the Grand Slam in Division III Inter-School Athletics Championship and they will be promoted to Division II next year. Well done!

The list below shows some of the outstanding results in external sports competitions last year.

Inter-School Sports Competitions

- *The College came 8th in the BOCHK Bauhinia Award out of 191 coeducational schools.*
- *Chan Cheuk Hei (6C) was awarded the Grantham Outstanding Student Athlete Award in Beach Volleyball.*
- *Lam Wai Lok (2Y) was awarded the BOCHK Rising Star Athlete Award in Swimming.*

Division I

- Boys basketball team came 4th in C Grade.
- Boys beach volleyball team came 2nd in A Grade.

Division II

- Girls basketball team came 2nd in C Grade.
- Boys badminton team came 3rd in Grades B and C and overall.
- Girls badminton team came 1st in A Grade and overall, 3rd in Grades B and C.
- Boys cross-country team came 1st in B Grade, 2nd in C Grade and overall.
- Boys table tennis team came 3rd in C Grade.
- Boys swimming team came 2nd in B Grade and overall, 4th in A Grade.
- Boys volleyball team came 1st in A Grade and overall.
- Girls volleyball team came 3rd in Grade B and overall, 4th in Grade A.
- Boys tennis team came 4th overall.

Division III

- Girls swimming team came 4th in C Grade and overall.
- Girls athletics team came 1st in Grades A, B and C and overall.

Athletics

Boys Division II

| | | | |
|----------------------|-------|---------|-----------------|
| Wong Ching Kwan (5C) | 100m | A Grade | 2 nd |
| Leung Cheuk Kiu (6C) | 100m | A Grade | 3 rd |
| Leung Cheuk Kiu (6C) | 200m | A Grade | 3 rd |
| Lee Shu Rhen (6L) | 400m | A Grade | 2 nd |
| Chan Chun Ki (3D) | 800m | B Grade | 3 rd |
| Chan Chun Ki (3D) | 1500m | B Grade | 3 rd |
| Sung Yim Lun (1H) | 800m | C Grade | 3 rd |
| Sung Yim Lun (1H) | 1500m | C Grade | 4 th |
| Tsung Cheuk Ki (2J) | 200m | C Grade | 4 th |

Girls Division III

| | | | |
|---------------------|-----------|---------|-----------------|
| Leung Hei Tung (4D) | 800m | A Grade | 3 rd |
| Leung Hei Tung (4D) | Javelin | A Grade | 3 rd |
| Au Hei Wa (5H) | High Jump | A Grade | 3 rd |
| Lau Wai Ka (5J) | 800m | A Grade | 2 nd |
| Lau Wai Ka (5J) | 1500m | A Grade | 1 st |
| Hui Hiu Tung (6D) | Discus | A Grade | 2 nd |

| | | | |
|----------------------------|-----------|---------|-----------------|
| Hui Hiu Tung (6D) | Shot Put | A Grade | 4 th |
| Kwok Hiu Yi (3Y) | 400m | B Grade | 2 nd |
| Poon Po Yu Veronica (4J) | 100m | B Grade | 1 st |
| Poon Po Yu Veronica (4J) | 200m | B Grade | 1 st |
| Chau Yuen (1C) | 200m | C Grade | 3 rd |
| Chau Yuen (1C) | Long Jump | C Grade | 3 rd |
| Leung Tung Yan Angela (1C) | 400m | C Grade | 1 st |
| Chim Lok Tung Jolie (1J) | 100m | C Grade | 2 nd |
| Hsu Bonnie Zhi-rong (2H) | High Jump | C Grade | 4 th |
| Lam Chak Yan Jennifer (2H) | Long Jump | C Grade | 1 st |
| Lam Chak Yan Jennifer (2H) | 400m | C Grade | 2 nd |
| Lau Wing Hin (2J) | 800m | C Grade | 2 nd |
| Lau Wing Hin (2J) | 1500m | C Grade | 3 rd |
| Keung Lok Tsz (2J) | 800m | C Grade | 3 rd |
| Curley Olivia Maria (2L) | Shot Put | C Grade | 3 rd |
| Luk Wan Ying (2Y) | Shot Put | C Grade | 4 th |

Cross-country

Boys Division II

| | | | |
|-------------------|--|---------|-----------------|
| Chan Chun Ki (3D) | | B Grade | 6 th |
| Sung Yim Lun (1H) | | C Grade | 1 st |

Fencing

Boys Open

| | | | |
|--------------------|------|---------|-----------------|
| Chow Man Long (3Y) | Epee | B Grade | 1 st |
|--------------------|------|---------|-----------------|

Girls Open

| | | | |
|---------------------|------|---------|-----------------|
| Yiu Ho Ki (4L) | Epee | B Grade | 3 rd |
| Cheung Ho Huen (1C) | Epee | C Grade | 2 nd |

Indoor Rowing

Boys Open

| | | | |
|--------------------|-------|---------|-----------------|
| Cheng Ho Alex (4D) | 2000m | B Grade | 1 st |
|--------------------|-------|---------|-----------------|

Swimming

Boys – Division II

| | | | |
|----------------------------------|--------------------------|----------------|-----------------------|
| <i>Wan Long Yin Matthew (5D)</i> | <i>100m Back Stroke</i> | <i>A Grade</i> | <i>4th</i> |
| <i>Lee Hay Shun Trevor (6H)</i> | <i>50m Back Stroke</i> | <i>A Grade</i> | <i>4th</i> |
| <i>Lo Chak Kuen (3C)</i> | <i>100m Free Style</i> | <i>B Grade</i> | <i>4th</i> |
| <i>Cheung Yun Sang (3L)</i> | <i>50m Breast Stroke</i> | <i>B Grade</i> | <i>2nd</i> |
| <i>Fu Kam Pang (1J)</i> | <i>50m Back Stroke</i> | <i>C Grade</i> | <i>1st</i> |
| <i>Fu Kam Pang (1J)</i> | <i>100m Free Style</i> | <i>C Grade</i> | <i>4th</i> |
| <i>Lam Wai Lok (2Y)</i> | <i>100m Free Style</i> | <i>C Grade</i> | <i>1st</i> |
| <i>Lam Wai Lok (2Y)</i> | <i>200m Free Style</i> | <i>C Grade</i> | <i>1st</i> |

Girls – Division III

| | | | |
|-----------------------------------|--------------------------|----------------|-----------------------|
| <i>Ng Yuet Yee (6Y)</i> | <i>50m Back Stroke</i> | <i>A Grade</i> | <i>2nd</i> |
| <i>Ng Yuet Yee (6Y)</i> | <i>100m Free Style</i> | <i>A Grade</i> | <i>4th</i> |
| <i>Tse Hoi Ching Ally (3H)</i> | <i>50m Back Stroke</i> | <i>B Grade</i> | <i>4th</i> |
| <i>Lam Yuet Ting (3L)</i> | <i>50m Free Style</i> | <i>B Grade</i> | <i>4th</i> |
| <i>Leung Tung Yan Angela (1C)</i> | <i>50m Breast Stroke</i> | <i>C Grade</i> | <i>1st</i> |
| <i>Leung Tung Yan Angela (1C)</i> | <i>50m Back Stroke</i> | <i>C Grade</i> | <i>2nd</i> |

Outstanding Athletes

| | |
|-----------------------------|---|
| <i>Chan Cheuk Hei (6C)</i> | <i>A member of the Hong Kong Men's Junior Beach Volleyball Team Awarded the Grantham Outstanding Athlete Award (Beach Volleyball) 2016-17</i> |
| <i>Siu Chung San (6C)</i> | <i>A member of the Hong Kong Men's Junior Beach Volleyball Team</i> |
| <i>Chong Ho Ching (5H)</i> | <i>A member of the Hong Kong Men's Junior Beach Volleyball Team</i> |
| <i>Chan Tze Wai (5J)</i> | <i>A member of the Hong Kong Wind Surfing Youth Team</i> |
| <i>Cheng Ho Alex (4C)</i> | <i>A member of the Hong Kong Indoor Rowing Youth Team</i> |
| <i>Leung Hei Tung (4D)</i> | <i>A team member of the Hong Kong National Team of Orienteering</i> |
| <i>Leung Chung Wai (3C)</i> | <i>A team member of the Hong Kong National Team of Orienteering</i> |

